

F- High School 9-12 Lunch

Menu F - October 2021 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheeseburger on a Bun* Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Sunbutter Sandwich* Hot Dog* Frozen Fruit Cups, Assorted Fresh Pear Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet
4	5	6	7	8
No School	No School	No School	No School	No School
11 Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* * Grilled Burrito Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Corn Dog* Wowbutter Sandwich* Macaroni & Cheese* Cheez-It Crackers* Baby Carrot Packet Edamame Orange Red Delicious Apple Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	12 Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* * Grilled Burrito Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Krisp N Krunch Chicken Tender* Biscuit* Hot Dog* Jicama Sticks Baby Carrot Packet Fresh Pear Craisin Pkt. Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	13 Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* * Grilled Burrito Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Corn Dog* Taco Dip Kit* Tortilla Chips*, 1W 1 oz. Apple slices Orange Baby Carrot Packet Cauliflower Florettes 1/2 C Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	14 Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* * Grilled Burrito Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Italian Combo Sandwich* Red Delicious Apple Raisins Broccoli Florettes Celery Sticks Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	15 Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* * Grilled Burrito Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Hot Dog* Cheese & Chicken Sandwich* Broccoli Florettes Baby Carrot Packet Frozen Fruit Cups, Assorted Fresh Pear Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet
18	19	20	21	22
No School	Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich*	Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich*	Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich*	Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty

	Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Krisp N Krunch Chicken Tender* Biscuit* Hot Dog* Jicama Sticks Baby Carrot Packet Fresh Pear Craisin Pkt. Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Corn Dog* Taco Dip Kit* Tortilla Chips*, IW 1 oz. Apple slices Orange Baby Carrot Packet Cauliflower Florettes 1/2 C Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Italian Combo Sandwich* Red Delicious Apple Raisins Broccoli Florettes Celery Sticks Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	Sandwich* Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Hot Dog* Cheese & Chicken Sandwich* Broccoli Florettes Baby Carrot Packet Frozen Fruit Cups, Assorted Fresh Pear Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet
25	26	27	28	29
Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Corn Dog* Wowbutter Sandwich* Macaroni & Cheese* Cheez-It Crackers* Baby Carrot Packet Edamame Orange Red Delicious Apple Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Krisp N Krunch Chicken Tender* Biscuit* Hot Dog* Jicama Sticks Baby Carrot Packet Fresh Pear Craisin Pkt. Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Corn Dog* Taco Dip Kit* Tortilla Chips*, IW 1 oz. Apple slices Orange Baby Carrot Packet Cauliflower Florettes 1/2 C Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Italian Combo Sandwich* Red Delicious Apple Raisins Broccoli Florettes Celery Sticks Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet	Cheeseburger on a Bun* Potato Wedges Firebaked PepperoniPizza Cheese Pizza Slice* Spicy Chicken Patty Sandwich* Pollo Verde Burrito* Bean & Cheese Burrito* Strawberry Banana Yogurt, 8 oz Granola*, 2 pkgs. Wowbutter Sandwich* Hot Dog* Cheese & Chicken Sandwich* Broccoli Florettes Baby Carrot Packet Frozen Fruit Cups, Assorted Fresh Pear Milk, White 1% Milk, Chocolate NF Mustard Pkt. Ketchup packet

USDA and this institution are equal opportunity providers and employers.

Menu subject to change.

Whole grain items are indicated by *.